

Racial Ethnic Discrimination Questionnaire

The survey will ask the participants about their experiences related to racial/ethnic discrimination.

Instructions: Please choose the best answer for you from the options provided.

A. How often have you been treated unfairly by teachers and professors because of your race/ethnic group?

1. How often in the past year?
 - Never
 - Once in a while
 - Sometimes
 - A lot
 - Most of the time
 - Almost all the time
 - Prefer not to say
2. How often in your entire life?
 - Never
 - Once in a while
 - Sometimes
 - A lot
 - Most of the time
 - Almost all the time
 - Prefer not to say
3. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

 - 1 - Not at all stressful
 - 2
 - 3
 - 4
 - 5
 - 6 - Extremely stressful Prefer not to say

B. How often have you been treated unfairly by employers, bosses and supervisors because of your race/ethnic group?

4. How often in the past year?
 - Never
 - Once in a while
 - Sometimes
 - A lot
 - Most of the time

- Almost all the time
- Prefer not to say

5. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

6. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

C. How often have you been treated unfairly by your co-workers, fellow students, and colleagues because of your race/ethnic group?

7. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

8. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

9. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3

- 4
- 5
- 6 - Extremely stressful Prefer not to say

D. How often have you been treated unfairly by people in service jobs (by store clerks, waiters, bartenders, bank tellers and others) because of your race/ethnic group?

10. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

11. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

12. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

E. How often have you been treated unfairly by strangers because of your race/ethnic group?

13. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

14. How often in your entire life?

- Never
- Once in a while

- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

15. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

F. How often have you been treated unfairly by people in helping jobs (by doctors, nurses, psychiatrists, case workers, dentists, school counselors, therapists, social workers and others) because of your race/ethnic group?

16. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

17. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

18. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

G. How often have you been treated unfairly by neighbors because of your race/ethnic group?

19. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

20. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

21. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

H. How often have you been treated unfairly by institutions (schools, universities, law firms, the police, the courts, the Department of Social Services, the Unemployment Office and others) because of your race/ethnic group?

22. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

23. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time

- Almost all the time
- Prefer not to say

24. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

I. **How often have you been treated unfairly by people that you thought were your friends because of your race/ethnic group?**

25. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

26. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

27. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

J. **How often have you been accused or suspected of doing something wrong (such as stealing, cheating, not doing your share of the work, or breaking the law) because of your race/ethnic group?**

28. How often in the past year?

- Never

- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

29. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

30. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

K. How often have people misunderstood your intentions and motives because of your race/ethnic group?

31. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

32. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

33. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

L. How often did you want to tell someone off for being racist towards you but didn't say anything?

34. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

35. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

36. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

M. How often have you been really angry about something racist that was done to you?

37. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time

- Prefer not to say

38. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

39. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say

N. How often have you been forced to take drastic steps (such as filing a grievance, filing a lawsuit, quitting your job, moving away, and other actions) to deal with some racist thing that was done towards you?

40. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

41. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

42. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3

- 4
 - 5
 - 6 - Extremely stressful Prefer not to say
- O. How often have you been called a racist name?**

43. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

44. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

45. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

P. How often have you gotten into an argument or a fight about something racist that was done to you or done to another member or your race/ethnic group?

46. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

47. How often in your entire life?

- Never
- Once in a while
- Sometimes

- A lot
- Most of the time
- Almost all the time
- Prefer not to say

48. On a scale of 1-6, how stressful was this for you? 1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

Q. How often have you been made fun of, picked on, pushed, shoved, hit or threatened with harm because of your race/ethnic group?

49. How often in the past year?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

50. How often in your entire life?

- Never
- Once in a while
- Sometimes
- A lot
- Most of the time
- Almost all the time
- Prefer not to say

51. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful
- Prefer not to say

R. How different would your life be now if you HAD NOT BEEN treated in a racist and unfair way?

52. In the Past Year?

- The Same as it is now

- A little different
- Different in a few ways
- Different in a lot of ways
- Different in most ways
- Totally different
- Prefer not to say

53. In your entire life?

- The Same as it is now
- A little different
- Different in a few ways
- Different in a lot of ways
- Different in most ways
- Totally different
- Prefer not to say

54. On a scale of 1-6, how stressful was this for you?

1 = Not at all stressful; 6 = Extremely stressful

- 1 - Not at all stressful
- 2
- 3
- 4
- 5
- 6 - Extremely stressful Prefer not to say